

Kerrville Tivy Volleyball 2018 Information

#TFND

“Intensity Begets Greatness (#IBG)”

In order to try out for the team you must have completed a recent physical.

Summer Camp Dates:

June 15th-16th - Incoming 3rd - 7th Graders (8am -1pm)

July 23rd - 25th - Incoming 8th - 9th Graders (1pm -4pm)

July 26th - 27th - Incoming 10th - 12th Graders (8am -Noon)

Summer Open Gym:

June 5th -8th - Noon - 2pm

June 11th - 14th - Noon - 2pm

June 18th - 21st - Noon - 2pm

Tryout Attire and Equipment:

- **Plain** White T-shirt and Black Spandex – (shirts need to be tucked in)
- Running shoes and volleyball shoes, knee pads, and water
- Any inhalers or other personal items needed to be successful

(TIVY Volleyball Equipment will be handed out once final team selection is made)

Each student athlete trying out for the 2018-2019 Tivy Volleyball Team will be tested and timed on the following:

(One) – 800 meter dash in less than 3:15 min

(Two) – 400 meter dash in less than 1:45 secs each

- Passing
- Attacking
- Setting
- Blocking
- Defense
- Serving
- Communication and Teamwork Skills
- Mental Toughness

Tentative Team Numbers:

(**Please note numbers may change pending the number of athletes trying out)

- Freshman 14-17 players
- Junior Varsity 12-15 players
- Varsity 9 – 12 players

“Closed” Tryout Information for 9th – 12th graders:

Arrival times stated below are when coaching instruction will start – **Please arrive 15 min before stated times**. Doors will open at 6am each morning and remain open until the conclusion of the last practice.

Wednesday, August 1st:

6:15 am – Registration (Must have a completed and recent physical)

6:30am – 8:30am

(1st cut will be posted at 8:40am on Coach’s office Door)

11:00am – 2:00pm

(2nd cut will be posted at 2:30pm on Coach’s office Door)

Thursday, August 2nd:

6:30am – 8:30am

(“Team List” will be posted at 8:40am on Coach’s office Door)

11:00am – 2:00pm – **All Teams**

(Please bring a Black **or** Blue 1” three ring Binder with five dividers and writing utensils)

Divider labels:

1. Program Rules and Expectations
2. Practice Sheets
3. Match Sheets
4. Inspirational Quotes
5. Paper (you will need to supply your own lined paper)

Friday, August 3rd:

6:30am – 9:30am: Freshman and JV Only

8:30am – 11:30pm: Varsity Only

Noon – 2pm: Freshman and JV Only

1pm – 3pm: – Varsity Only

Saturday, August 4th – 1st Scrimmage – Arrive at the gym at 8am

Sunday, August 5th:

Hydrate, Ice and Rest

Monday, August 6th: 2nd Scrimmage – Depart from gym at 6:00am

Tuesday, August 7th:

6:00 am – 7:45 am **and** 3pm – 5pm - Varsity Only

8am – 11am – Freshman and Junior Varsity Only

Wednesday, August 8th: 1st match vs. Fredericksburg (5pm, 6pm, 7pm)

**Remainder of schedule is found in Player’s Packet (Players will receive Player’s Packet once teams are set)